



## **Cosmetology Program**

### **Pivot Point Areas of Study**

- **Life Skills**
  - i. 101.1 Healthy Body and Mind
  - ii. 101.2 Ergonomics
  - iii. 101.3 Basic Communication
  - iv. 101.4 Communicate with Confidence
  - v. 101.5 Human Relations
  - vi. 101.6 Resilience
- **Science**
  - i. 102.1 Microbiology
  - ii. 102.2 Infection Control
  - iii. 102.3 First Aid
  - iv. 102.4 Building Blocks of the Human Body
  - v. 102.5 The Skeletal System
  - vi. 102.6 The Muscular System
  - vii. 102.7 The Circulatory System
  - viii. 102.8 The Nervous System
  - ix. 102.9 Principles of Electricity
  - x. 102.10 Electricity in Cosmetology
  - xi. 102.11 Matter
  - xii. 102.12 PH
  - xiii. 102.13 Hair Care Product Knowledge
  - xiv. 102.14 Hair Theory
  - xv. 102.15 Hair Care
  - xvi. 102.16 Shampoo and Scalp Massage Theory
  - xvii. 102.17 Shampoo and Condition Guest Experience
- **Business**
  - i. 103.1 Goal Setting
  - ii. 103.2 Job Search
  - iii. 103.3 Finding a Salon That Fits
  - iv. 103.4 Professional Relationships
  - v. 103.5 Know Your Client Market
  - vi. 103.6 Building Your Clientele
  - vii. 103.7 The Salon Experience
  - viii. 103.8 Salon Ownership
  - ix. 103.9 Salon Operations
  - x. 103.10 Retail Products
- **Client-Centered Design**
  - i. 104.1 Design Connection
  - ii. 104.2 Client Considerations
  - iii. 104.3 Connect Service Essentials
  - iv. 104.4 Consult Service Essentials
  - v. 104.5 Create Service Essentials
  - vi. 104.6 Complete Service Essentials
- **Sculpture/Cut**
  - i. 105.1 Sculpture Theory
  - ii. 105.2 Sculpture Tools and Essentials
  - iii. 105.3 Sculpture Skills
  - iv. 105.4 Sculpture Guest Experience
  - v. 105.6 Solid Form Overview
  - vi. 105.9 Graduated Form Overview
  - vii. 105.12 Increase-Layered Form Overview
  - viii. 105.15 Uniformly Layered Form Overview
  - ix. 105.19 Texturizing Techniques
  - x. 105.20 Combination Form Overview
- **Men's Sculpture/Cut**
  - i. 106.1 Men's Sculpture Overview
- **Hair Design**
  - i. 107.1 Hair Design Theory
  - ii. 107.2 Hair Design Tools and Essentials
  - iii. 107.3 Hair Design Skills
  - iv. 107.4 Hair Design Guest Experience
  - v. 107.6 Straight Volume and Indentation
  - vi. 107.8 Curvature Volume Indentation
  - vii. 107.12 Fingerwaving and Molding
  - viii. 107.15 Thermal Design
- **Long Hair Design**
  - i. 108.1 Long Hair Theory
  - ii. 108.2 Long Hair Tools and Essentials
  - iii. 108.3 Long Hair Skills
  - iv. 108.4 Long Hair Guest Experience
- **Wigs and Hair Additions**
  - i. 109.1 Wig Theory
  - ii. 109.2 Wig Services
  - iii. 109.3 Hairpieces and Hair Additions
  - iv. 109.4 Wig, Hairpiece and Hair Addition Essentials

- **Hair Coloring**

- i. 110.1 Color Theory
- ii. 110.2 Color Design
- iii. 110.3 Identifying Existing Hair Color
- iv. 110.4 Nonoxidative Color Products
- v. 110.5 Oxidative Color Products
- vi. 110.6 Color Tools and Essentials
- vii. 110.7 Color Skills
- viii. 110.8 Color Guest Experience

- **Perming/Relaxing**

- i. 111.1 Perm Theory
- ii. 111.2 Perm Design
- iii. 111.3 Perm Products, Tools, and Essentials
- iv. 111.4 Perm Skills
- v. 111.5 Perm Guest Experience
- vi. 111.12 Relaxer Theory
- vii. 111.13 Relaxer Products and Essentials
- viii. 111.14 Relaxer Skills
- ix. 111.15 Relaxer Guest Experience
- x. 111.20 Curl reformation Theory

- **Skin**

- i. 112.1 Skin Theory
- ii. 112.2 Skin Diseases and Disorders
- iii. 112.3 Skin Care
- iv. 112.4 Skin Care Guest Experience
- v. 112.6 Hair Removal
- vi. 112.7 Hair Removal Guest Experience
- vii. 112.10 Makeup Theory
- viii. 112.11 Makeup Products and Design
- ix. 112.12 Make Up Guest Experience

- **Nails**

- i. 113.1 Nail Theory
- ii. 113.2 Natural Nails
- iii. 113.3 Natural Nails products and Essentials
- iv. 113.4 Nail Guest Experience
- v. 113.8 Artificial Nail System Products and Essentials

Required clock hours of study according to the State Board of Cosmetology and Barbering:

**Theory-** (Must be coordinated with each practical practice subject as is appropriate throughout the course of training)-**150**

**Manicuring and Pedicuring-** (Including sculptured nails and tips and other artificial nail application procedures and care)-**180**

**Facials-** (Skin care training includes make-up, arching, waxing and/or other methods for nonpermanent hair removal)-**160**

**Scalp Treatments-** (Shampooing, conditioning and rinses) **30**

**Hairstyling-** Including finger waving, the dressing of wigs, thermal and blow drying- **300**

**Haircoloring-** (Including color tints and bleaching and other color treatments)- **170**

**Hair Cutting-** Hair shaping with shears and thinning shears (scissors) razor and clipper (includes beard)- **180**

**Professional Development-** Establishment management and unassigned hours for review, examinations, etc.- **180**

Hair Restructuring- permanent waving and chemical hair relaxing- **240**

**Total- 1500**