



## **Esthetics Program**

### **Pivot Point Areas of Study**

#### ■ **Life Skills**

- i. 101.1 Healthy Body and Mind
- ii. 101.2 Ergonomics
- iii. 101.3 Basic Communication
- iv. 101.4 Communicate with Confidence
- v. 101.5 Human Relations
- vi. 101.6 Resilience

#### ■ **Science**

- i. 102.1 Transmission of Infection
- ii. 102.2 Infection Control
- iii. 102.3 First Aid
- iv. 102.4 Principles of Electricity
- v. 102.5 Electricity in Esthetics
- vi. 102.6 Matter
- vii. 102.7 PH
- viii. 102.8 Cosmetic Products
- ix. 102.9 Cosmetic Product Ingredients

#### ■ **Salon /Spa Business**

- i. 103.1 Goal Setting
- ii. 103.2 Job Search
- iii. 103.3 Professional Relationships
- iv. 103.4 The Salon Spa Experience
- v. 103.5 Salon/Spa Ownership
- vi. 103.6 Salon/Spa Operations
- vii. 103.7 Retail Sales and Products
- viii. 103.8 The Medical Environment

#### ■ **Client-Centered Experience**

- i. 104.1 Connect Service Essentials
- ii. 104.2 Consult Service Essentials
- iii. 104.3 Create Service Essentials
- iv. 104.4 Complete Service Essentials

#### ■ **Anatomy and Physiology**

- i. 105.1 Building Blocks of the Human Body
- ii. 105.2 Integumentary System
- iii. 105.3 Hair Theory
- iv. 105.4 The Muscular System
- v. 105.5 The Skeletal System

- vi. 105.6 The Cardiovascular System
- vii. 105.7 The Lymphatic System
- viii. 105.8 The Nervous System

#### ■ **Skin**

- i. 106.1 Skin Theory
- ii. 106.2 Skin Health
- iii. 106.3 Skin Diseases and Disorders
- iv. 106.4 Skin Analysis
- v. 106.5 Skin Assessment and Recommendation System
- vi. 106.6 Wellness Therapies

#### ■ **Facial Treatments**

- i. 107.1 Facial Treatment Theory
- ii. 107.2 Facial Treatment Products, Tools, Supplies and Equipment
- iii. 107.3 Facial Treatment Skills
- iv. 107.4 Body Treatment Guest Experience
- v. 107.15 Chemical Exfoliation Theory

#### ■ **Facial Treatment with Devices**

- i. 108.1 Facial Treatment with Devices-Theory
- ii. 108.2 Facial Treatment with Devices-Products, Tools, Supplies and Equipment
- iii. 108.3 Facial Treatment with Devices- Skills
- iv. 108.4 Facial Treatment with Devices- Guest Experience
- v. 108.14 Microdermabrasion

#### ■ **Hair Removal**

- i. 109.1 Hair Removal Theory
- ii. 109.2 Temporary Hair Removal Products, Tools, Supplies and Equipment
- iii. 109.3 Temporary Hair Removal Skills
- iv. 109.4 Temporary Hair Removal Guest Experience

#### ■ **Body Treatments**

- i. 110.1 Body Treatment Theory
- ii. 110.2 Body Treatment Products, Tools, Supplies and Equipment
- iii. 110.3 Body Treatment Skills
- iv. 110.4 Body Treatment Guest Experience

- **Makeup**

- i. 111.1 Makeup Design Theory
- ii. 111.2 Makeup Products, Tools, Supplies and Equipment

- iii. 111.3 Makeup Design Skills

- iv. 111.4 Makeup Design Guest Experience

Required clock hours of study according to the State Board of Cosmetology and Barbering:

**Bacteriology, Disinfection, Sanitation and Safety- 80**

**Sciences-** Histology, dermatology and physiology of the skin (includes structure and function of skin and glands; color and morphology) - **180**

**Facials-** (includes draping, manipulations, cleaning and toning; chemistry and light therapy and make-up- **200**

**Non- Permanent Hair Removal-** (includes methods and procedures and arching **40**

**Salon Development-** (includes business administration and law; insurance; professional ethics; record keeping; business telephone techniques; salesmanship; displays and advertising; hygiene and public health)- **60**

**Board Rules, Regulations and Statutes- 40**

**Total- 600**